



13

Discover
stories



22

Guitar
jamming



29

Shining
stars

the newham mag

issue 345 // 15 – 28 July 2016 // Every fortnight



Mayor's Newham Show

Fun-packed
weekend (p8-11)

Look out for the next issue from **29 July 2016.**

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News

Centre will build successful careers

A £1million joint initiative between Newham Council, Lloyds Bank and property group Lendlease is to encourage more young people to pursue careers in construction.

The Lloyds Bank Construction Skills Centre, based at Lendlease's £2.4billion International Quarter commercial development in Stratford, will be used by the council's employment service Workplace to offer bespoke training for residents that will help them gain construction skills in preparation for their first job on a site.

Workplace will also fund in-work training for those residents who have shown an aptitude for construction work and who, upon completion, will secure more sustainable and higher paid employment.

Newham Council beat off three other bidders to secure funding for the project from the Lloyds Bank Lloyds Bank Construction Skills Fund. The money will also pay for educational activity to inspire children and young people to become the next generation of construction workers through apprenticeships and higher education and training pathways.

Construction specialists will be asked to become ambassadors for the industry so they can visit schools and other educational organisations to inform, educate and inspire young people.

Councillor Terry Paul, mayoral adviser for skills and adult learning, said: "This incredible initiative will provide a unique

centre which will equip young people with the skills necessary to work in a variety of different construction roles, both on site and in managerial jobs. We want to help our young people to build a career in the industry and support them when they want to upskill.

"This centre is also a great example of private and public sector working together, which is what makes our Workplace scheme such a success. Workplace has been built on close and trusting partnerships with employers. Rapid economic development means

the construction sector in Newham is booming and it is essential we work closely with developers to ensure our residents can make the most of the job opportunities created."

Ian Crockford, Lendlease project director at International Quarter London, said: "Giving local people access to career and training opportunities has never been more important for the construction industry. The fact Lloyds Bank selected Newham Council to partner with is testament to the scale and ambition of transformation taking place in the borough."



From left: Ian Crockford; Elton Rodrigues, Workplace trainee; Ed Thurman, Lloyds Banking Group; Cassandra Intziful, Workplace trainee; Cllr Terry Paul; Afaq Qureshi, Workplace trainee

£1million boost for jobs in construction

News

Everything in garden is rosy

Rain failed to dampen the spirits of residents at the official launch of the Forest Gate Community Garden.

Volunteers have spent many months digging and planting to transform a piece of derelict land in Earlham Grove owned by Newham Council, into a community green space for peace, wildlife, and community events.

Residents, Newham councillors and West Ham MP Lyn Brown celebrated the opening with a Big Lunch party complete with music, dancing, food and a bake off.

The opening ribbon was cut by young resident James Copnell whose name was pulled from a hat as a local hero. His mother Kath is involved in the project.

Councillor Rachel Tripp, Forest Gate North ward member and community lead for Forest Gate, said: "The garden has been created by the vision and hard work of local people. I look forward to seeing it grow."

For information visit www.forestgate-community-garden.org.uk



James cuts the ribbon joined by Cllr Tripp and residents



Cllr Laguda with Chamber members

Awards are just the business

Newham Council is helping to sponsor awards that will recognise the achievements of businesses across the borough.

The Newham Business Awards will be presented at the Old Town Hall, Stratford, on 13 October in ten categories including business and business person of the year, innovation, e-commerce, new business, green business, sole trader/micro-business, training and education, and community involvement.

The awards, run by Newham Chamber of Commerce, are sponsored by businesses including Aspers, London City Airport, the Newham Recorder, Tate & Lyle, and the council.

Chamber Secretary John James said: "With 7,500 new businesses established here during the past five years, there are pearls of excellence worthy of the community's attention."

Councillor Joy Laguda, Chair of Newham Council, said: "We are pleased to be able to recognise businesses and especially the efforts of young entrepreneurs."

For more details email John James at secretary@newhamchamber.com

Awards for business “pearls of excellence”

...in brief

Pupils are riding tall

Newham councillors helped Kaizen Primary School in Plaistow celebrate being the borough's top school in the Big Pedal national challenge.

Schools competed to see who can record the greatest number of pupils, staff and parents cycling or scootering to school. They logged journeys online and were given a daily score to mark their progress. Kaizen came top in Newham, 12th in London and 89th nationally.

The school celebrated with a visit from current European BMX stunt champion Keelan Phillips who showed pupils and councillors his skills. Pupils also interviewed him for the school magazine.

Councillor Forhad Hussain, Cabinet deputy member for building communities and member for crime and anti-social behaviour, said: "Keelan's visit and the Big Pedal challenge has inspired children, staff, and parents to choose two wheels for their journey to and from school. That must be good for their health and fitness."



Cllrs Hussain, Neil Wilson, Joy Laguda, Hanif Abdulmuhit, Aleen Alarice and James Beckles with Keelan and pupils

Improvements at station

Newham's councillors have approved plans for environmental improvements outside Forest Gate rail station to herald the arrival of Crossrail in 2019.

The council has received £2.2 million from Transport for London for the work, which includes wider pavements, improve pedestrian crossings, speed restrictions, a new taxi rank and parking bays, secure cycle parking and better CCTV and lighting.

Councillor Ian Corbett, mayoral adviser for environment and leisure, said: "Residents and town centre users will benefit."

Housing triage on move

From Monday 18 July Newham Council's Housing Needs Triage Service will be based in the East Ham Town Hall Annexe at 330-354 Barking Road, E6 2RT.

The new office is only a very short distance from the East Ham Customer Service Centre where the service is currently based.

If you have any queries relating to the Housing Needs Triage Service you can visit the East Ham Town Hall Annexe. For further details visit

www.newham.gov.uk/housingneeds

Traveller site consultation

Newham Council is inviting residents to be part of a consultation on how planning applications for gypsy and traveller accommodation sites are dealt with.

The results will be used to finalise the council's Gypsy and Traveller Accommodation Development Plan Document (GTADPD). The draft policy document is at **www.newham.gov.uk/planningconsultations** along with a statement detailing the consultation process.

Comments can be made until Friday 12 August. Send them by email to **localplan@newham.gov.uk** (labelled GTADPD).

Market roof repairs

Newham Council is set to start a £1.1 million scheme in August to repair the roof and resurface the 150-space car park at Queens Market in Green Street, Upton Park.

The aim is to eradicate issues with leaks following heavy rain. The work will be phased to minimise disruption to traders and customers. The market has 160 stalls and 47 shops. It also hosts the popular Market Games sport events.

Councillor Ken Clark, Cabinet member for building communities, public affairs, regeneration and planning, said: "This will make a huge difference to traders and visitors."

Repairs worth £1 million for market roof

Mayor's view

Thanks for coming!

I want to say a huge thanks to everyone who came out to enjoy the Mayor's Newham Show at Central Park, East Ham. It was a glorious summer weekend and the park was packed with families who made the best of a host of free fun activities that left no one out.

I am also grateful for those who put so much effort into creating some of the most colourful outfits I have seen for a long time and taking part in the Carnival.

"It was a glorious summer weekend and the park was packed with families who made the best of a host of fun activities."

I know I enjoyed myself at the show, especially as it offered me the opportunity to mingle and meet many of you. Many of you spent time with loved ones, friends and neighbours but I know you also made new friends.

Now, just sit back and wait for the next free event, Under the Stars, a four day musical extravaganza in August that I know you will all love.

It was a fantastic example of community spirit being alive and well in Newham and we are a great illustration of how much fun diversity can be if we just work together.







50,000 residents enjoyed two days of fantastic free family fun at the Mayor's Newham Show and Carnival in Central Park, East Ham. Amongst the highlights were performances by TV's Chase & Marshall from PAW Patrol; Rastamouse & Da Easy Crew; 80s disco legends Odyssey; a seaside experience complete with donkey rides; a tea dance; cabaret acts; and sport taster sessions. More than 750 children from 20 schools took part in the carnival, which celebrated the power of literature. For more pictures visit www.newham.gov.uk/mns



Mayor's Newham Show in pictures



1 I'm all ears! Just one of the colourful creations that took part in the Mayor's Newham Carnival. **2** I'm hooping mad. A youngster gets into the swing of things at the ParkLives tent. **3** Paws on patrol. Children's favourites Chase and Marshall were a huge hit with young and old. **4** Curtain call. The cast of Peter Pan brought the house down. **5** Diggin the beach. Two children discover the joy of messing about on the beach. **6** Music to our ears. Young musicians played their part in entertaining the crowds who packed Central Park in East Ham. **7** Red and gold. The party atmosphere clearly got to these carnival goers. **8** Plumbers mate. A young plumber gets expert advice on installing taps.



Mayor's Newham Show in pictures

50,000 residents went to East Ham's Central Park for the Mayor's Newham Show and Carnival.



1 All smiles. 2 Horsing around. The carnival took on an equine theme. 3 Twist and shout. Balloon fun with for the children to take home. 4 Wheelie good fun. Children had the chance to try basketball on wheels. 5 Rastamouse is in da house. The famous mouse and his easy crew got the crowds to their feet with their riddims. 6 Grin and bear it. Proving that you can mix and match all the colours of the rainbow. 7 In bloom. Residents used the opportunity to get green fingered. 8 Pink and blue. Younger residents mixed it all up for the carnival. 9 Head and shoulders above the rest. Family fun from a better view.

Active Minds Café

**Stratford Library,
3 The Grove Stratford, E15 1EL**

Activities, advice and guidance to support mental wellbeing in Newham.

All sessions from 12noon to 2pm:

- **Thursday 21 July:** Healthy Body and Mind
- **Thursday 18 August:** Dementia
- **Thursday 15 September:** Volunteering and Employment
- **Thursday 20 October:** Mindful Art Therapy
- **Thursday 17 November:** Dance and Movement
- **Thursday 15 December:** Christmas Party

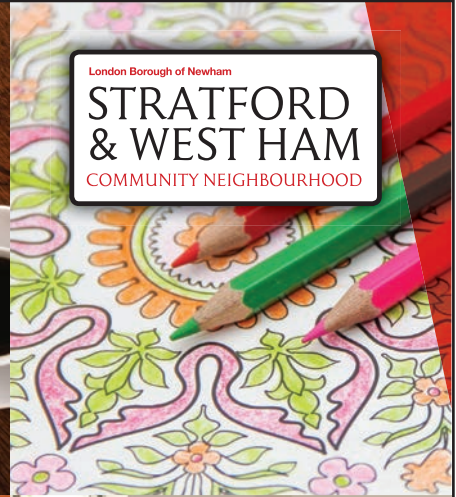
Refreshments will be provided.

For more information or to book your place:
Email Shamilla.kumari@newham.gov.uk
Call **07854 962 478**

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*Quote NMPRS

Discover's THE FANTASTIC WORLD OF Dr. Seuss

This summer, be inspired by The Fantastic World of Dr. Seuss and invent your own wonderful and exciting stories by visiting the all new Discover Children's Story Centre in Stratford. Thanks to Mayor Sir Robin Wales, the centre is opening its doors for free to people that live or work in Newham to enjoy a great day out.

The popular centre re-opens later this month after being transformed. Newham families with children aged under 11 can visit for free from Monday 8 to Wednesday 24 August, saving a family of four £19.80.

The first exhibition in the new Discover brings to life the characters from the fantastical children's books by Dr. Seuss, including The Cat In The Hat and Green Eggs And Ham.

You can also step into three new stunning floors of stories and play, with an amazing hollow with coloured lights, secret tunnels and creatures to find, a steampunk ship, a whispering tree, a sparkly river, fabulous walkways to the mysterious Observatron and a Story Sorting Office to post stories to Hootah, the resident space alien.

"See this wondrous first exhibition of some of the most popular books of all time"

The offer of free entry supports the Mayor of Newham's Reading Guarantee by offering children and their families an opportunity to use their imagination and create stories together.

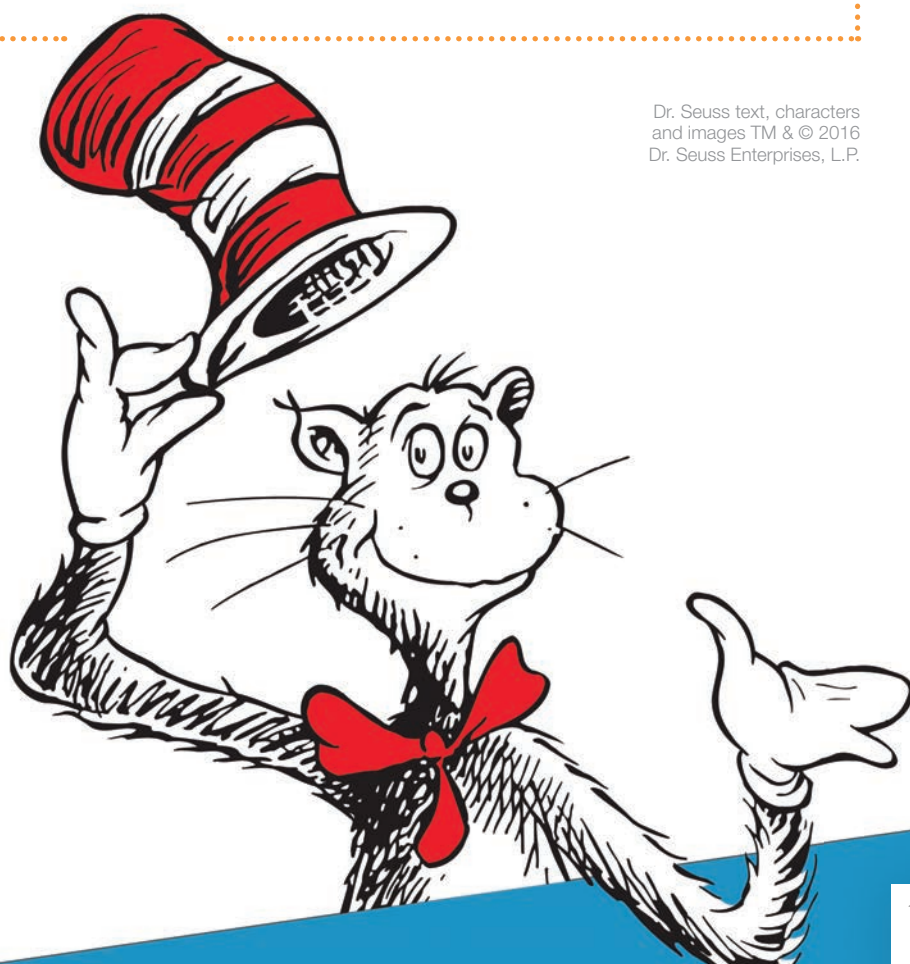
Sir Robin Wales said: "Reading is the gateway to learning and enjoyment. I hope residents take up the offer to visit Discover for free and see this wondrous first exhibition of some of the most popular books of all time."

How to get free entry

People who live or work in Newham can get free entry to Discover from 8 to 24 August by showing proof of address. Groups must pre-book and all adults must be accompanied by a child.

Discover is at 383-387 High Street, E15. It is open Monday to Sunday from 10am to 5pm. Pre-booking is recommended. Call **020 8536 5555** or visit **www.discover.org.uk**

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London Borough of Newham
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NEIGHBOURHOODS**

What's on in Newham

Download the free app

Available from Apple App Store and Android Google Play Store

Or visit www.newham.gov.uk/communityevents



The next opportunity in the Royal Docks transformation

Peruvian
Wharf
E16

Public consultation – Have your say

Galliard Homes invites you to a second public exhibition on updated proposals for the Peruvian Wharf site in the Royal Docks, London Borough of Newham.

The site has lain empty and derelict for more than a decade and we are bringing forward plans for a range of beautifully designed new homes and open spaces including a new high quality environment and commercial space around the West Silvertown DLR station.

We presented initial plans at a public exhibition in February. Since then we have been listening to feedback and this next exhibition is your opportunity to see how our plans have evolved and have your say before a planning application is submitted later in the year.

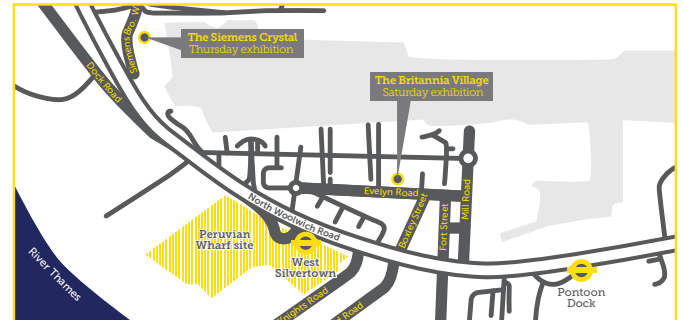
Public exhibitions:

Thursday 21 July, 4pm – 8pm

Meeting Room 5, The Siemens Crystal,
1 Siemens Brothers Way,
Royal Victoria Dock, E16 1GB

Saturday 23 July, 12pm – 4pm

Britannia Village Hall,
65 Evelyn Road,
West Silvertown, E16 1TU



For more information:

Visit: www.peruvian-wharf.co.uk

Email: peruvianwharf@londoncommunications.co.uk

Freephone: 0800 307 7056



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Balaam Leisure Centre,
14 Balaam Street,
Plaistow E13 8AQ

East Ham Leisure Centre,
384 Barking Rd,
East Ham E6 2RT

Manor Park Fitness Centre
464 High Street,
Manor Park, E12 6QN

Newham Leisure Centre,
281 Prince Regent Lane,
Plaistow E13 8SD

Atherton Leisure Centre,
189 Romford Road,
London, E15 4JF

*Terms and conditions apply. Prices vary from centre to centre. This offer is valid for 20 consecutive days of gym usage. No joining fee.

†This number is charged at the same rate as calls to normal landlines (those that start with 01 or 02). It is included in call allowances, bundled talk time or "free" minutes the same way as regular landline numbers.

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Walk a million miles for neighbourhood smiles

Physical activity, be it a fast action sport or a more leisurely pursuit like gardening or just taking a stroll, can contribute to a healthier life. It can be so much more fun however if you do it with others by taking part in Newham's Million Miles Together challenge.



The challenge, launched at the Mayor's Newham Show, calls on individuals and groups to join together across Newham's eight community neighbourhood areas, to complete one million miles of physical activity within 100 days starting when the schools go back in September.

Anyone over the age of 13 can get involved whatever your ability or level of fitness. You can work alone or as part of a team or a group, with your family, your friends, your classmates or your

work colleagues, to carry out any kind of physical activity you like.

Councillor Ken Clark, Cabinet member for building communities, public affairs, regeneration and planning, said: "The focus of the Newham Million Miles Together challenge is to have fun and be healthy. It's not just about being physically active, it's also about joining with your neighbourhoods behind a single goal."

"It's not just about being physically active, it's also about joining with your neighbourhoods behind a single goal"

By joining up to the Million Miles Together campaign you will have access to a dedicated online portal where you will have your own physical activity page to set your targets, be that digging your garden, taking a yoga class or running round a park.

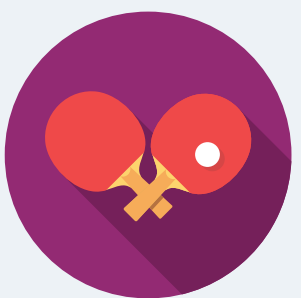
Every activity, sport or pastime you perform, will be converted into miles and added to your community neighbourhood's total. Every person counts towards the total. It would only need 1,500 people in each community neighbourhood area to do one mile of activity per day to reach 1.2 million miles.

If you are interested in taking part you can pre-register by visiting www.millionmilestogether.org

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million miles
TOGETHER

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New home for old furniture

Recycling reusable furniture contributes to Newham Council's New Deal commitment to keep the borough clean. If you have good furniture you no longer need and are not sure what to do with, then the Homestore charity can find it a new family.



Homestore will collect your unwanted reusable furniture for free. They make it affordable and available to families who would otherwise go without. It means less waste goes to landfill. It is less likely to be fly-tipped, and volunteers gain valuable experience working for the charity on collection vans and in their retail outlet in Stratford.

Homestore isn't run to make a profit. A

family can furnish a whole two-bedroom flat for as little as £150. Forest Gate mother-of-two Rachel Emerson said: "Giving to Homestore is easy. I rang up and made an appointment for them to collect from me. It is gratifying doing something so simple to help other parents and their children."

"It is gratifying doing something so simple to help other parents and their children"

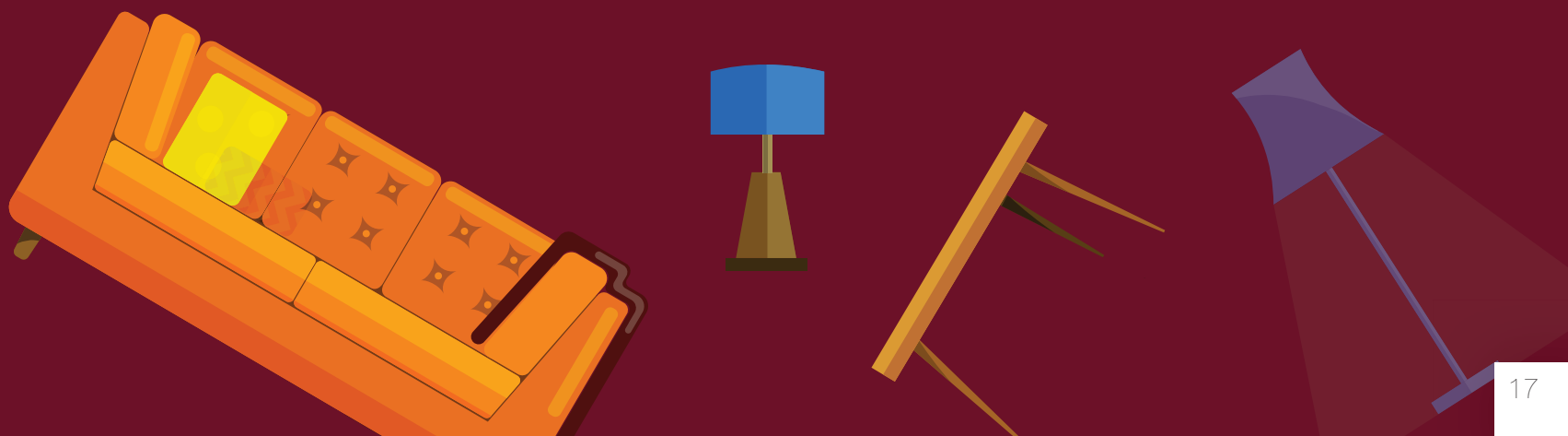
Daniell Hambrook from East Ham has been a customer of Homestore. She said: "I was lucky enough to be housed in a two-bedroom property, but when I moved in it was just floorboards. I got everything I needed from Homestore. It is starter furniture, so you

are not living out of bin bags."

Daniell loved the experience she had at Homestore so much that she now volunteers for the charity. She said: "I am a full-time carer for my daughter, but I also need something for myself. It gets me out of the house and it makes me feel useful."

Homestore's retail outlet is in Maryland Road, Stratford, E15. For details about buying or donating email homestore@qsa.org.uk or call **020 8519 6264**.

If you have furniture you think could be used by others, you can also take it to the council's reuse and recycling centre in Jenkins Lane, Beckton. See www.newham.gov.uk/recycling



Time to get into the Park

FREE activities, Every Day, for Everyone

ParkLives returns for a third year and this time there will be some great new activities as well as some family favourites. With so many activities in Newham's parks, courtesy of ParkLives and Newham Council, there is sure to be something for everyone, and best of all, it's FREE.

We all know it is imperative to stay active no matter what your age or ability and that is why ParkLives has such a wide range of new activities. These include skateboarding, badminton, nature detectives, Xplorer and a chance to meet and greet the animals at Newham City Farm in Beckton.

Some of the FREE activities from previous years that have been enjoyed by families and residents include the fit n' fun camp, nostalgia games and learning new sports such as volleyball and softball. Those who prefer to relax can also

get involved in yoga and pilates, so there really is something for everyone.

If you want to bring the whole family there will be classics such as tennis, cricket and rounders – so you can all take part in fun games and learn some new skills.

Over the past two years more than 50 session leaders have delivered activities to thousands of local residents, many of whom relished the opportunities to try the activities. Those who have worked on the programme have also reaped the rewards, with many session leaders coming back year after year.

Taking part in ParkLives sessions is a great way to get active and try new things, so why not visit one of the five parks below between 12-4pm, Monday to Friday from 25 July to 28 August.

- > Central Park, High Street South, East Ham, E6
- > Keir Hardie Recreation Ground, Tarling Road, E16 1LG
- > New Beckton Park, Savage Gardens, E6 5NB
- > Plashet Park, Plashet Grove, E6 1BT
- > Stratford Park, West Ham Lane E15 4PT

Additional activities will take place at the following parks (times vary so please check the website)

- > Gooseley Park, St Albans Avenue, E6 6HU
- > Forest Lane Park, Magpie Close, Forest Lane E7 9DF
- > Hermit Road Recreation Ground, Plaistow E16 4JT
- > Newham Leisure Centre, 281 Prince Regent Lane, E13 8SD
- > Priory Park, Grangewood Street, E6 1QZ
- > Newham City Farm, Stansfeld Road, E6 5LT
- > East Ham Nature Reserve, 1 Norman Road, E6 6HN

"This is my 3rd year working on the programme, and I love it. This year I have been taking the walking group at New Beckton Park. The numbers are growing each week, which is great to see. The session is fun and I have got to know the participants really well."

Agnieszka Kubiak – Walk Leader

ParkLives activities are suitable for all ages and fitness levels. Children under the age of 13 need permission from a parent or guardian over 18 to take part, and a parent or guardian needs to remain with them while they take part in the session.

For more information and a full timetable of activity sign up today and book your FREE session. It's what summer is all about! Visit www.parklives.com or www.newham.gov.uk/parklives to book a place.





THURSDAY & FRIDAY NIGHTS AT UNDER THE STARS

Four nights of FREE live outdoor music will take place from Thursday 18 August to Sunday 21 August, at Central Park, E6. The first two nights offer smooth reggae classics and the finest eastern beats that will keep you “Jamming” in your “High Heels” all night long!

THURSDAY 18 AUGUST STRICTLY FOR THE LOVERS

Junior Marvin's Wailers

The opening night will be a reggae inspired evening headlined by Junior Marvin's Wailers. Junior Marvin, the Jamaican-born reggae sensation, is an original member of Bob Marley and The Wailers and has played alongside the likes of blues legend T-bone Walker, Tina Turner and Stevie Wonder. To continue the message and music passed on to Junior by Bob Marley, the group will perform classics we all know and love such as “Jamming” and “One Love”.



The Lee Thompson Ska Orchestra

Lee Thompson introduced an entire new generation to ska music when the group Madness exploded in 1979. Lee Thompson Ska Orchestra, formed in 2011, are now introducing authentic ska and reggae rhythms stemming from Jamaica in the 60s, to a whole new audience.

open the evening with hits such as “I’m So Sorry” and “Simply In Love”.

Carroll Thompson

Known to the world as the Queen of Lovers Rock, Carroll Thompson burst onto the scene in 1980 and stayed in the UK reggae charts (mainly in a number one position) for a record-breaking two-and-a-half years. She will



FRIDAY 19 AUGUST BANGING BHANGRA BEATS

BBC Asian Network's **Tommy Sandhu** and **DJ Sachy** will host an evening filled with the best of Asian music.

Jaz Dhami

The UK's biggest Bhangra home-grown talent and the man behind the smash hit "High Heels" will be headlining the evening. The popularity of the song led to it being recreated for Bollywood film Ki and Ka starring Kareena and Arjun Kapoor. Jaz was one of 27 international artists chosen to feature on the BBC's music launch song "God Only Knows" alongside the likes of Pharrell Williams, Stevie Wonder and One Direction.



Imran Khan

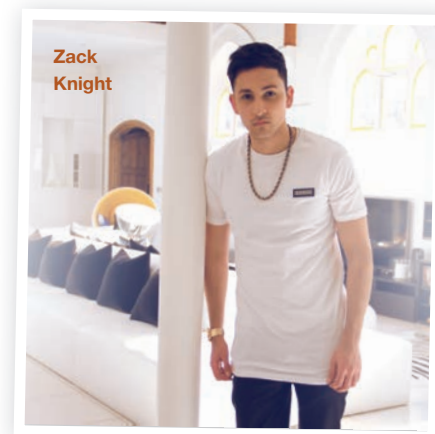
The Dutch-born Punjabi singer, songwriter and record producer reached number one in various UK Asian radio and television channels with the hit single "Ni Nachleh". He has

performed all over the world for large audiences and is guaranteed to keep you bouncing all night long!



Zack Knight

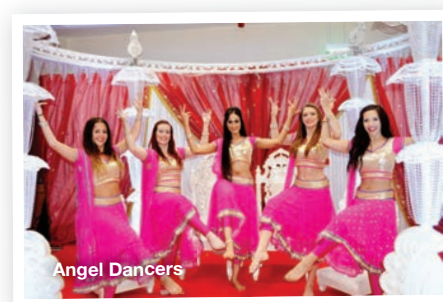
British singer, songwriter and producer formerly known as Zeekay, describes his music as having an "R&B infused style with a crossover sound". He started out writing songs for household names and has written for artists such as Tinie Tempah and Genuwine.



Angel Dancers

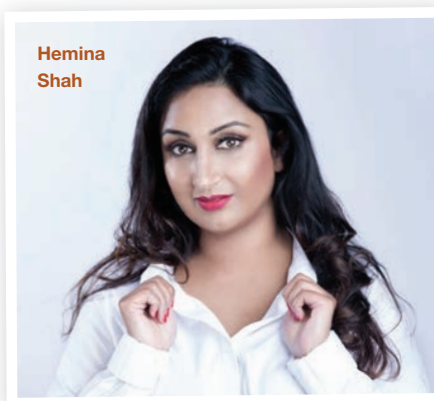
The world famous dancers who performed at the 2012 Games opening and closing ceremonies, will be bringing the Bollywood glitz and glamour to Newham. Angel Dancers are

guaranteed to bring the most delightful, vibrant and entertaining styles of dance for you to enjoy.



Hemina Shah

A talented stage performer who specialises in a range of different styles of Asian music including Bhangra, Hindi Bollywood and pop remixes, will be opening the night. She has performed throughout the UK, internationally and alongside various artists such as Shah Rukh Khan and India's "Antakshari" guru Annu Kapoor.



**Thursday 18 to
Sunday 21 August**

Gates open daily at 6.30pm
Central Park, East Ham, E6

For more information visit www.newham.gov.uk/UTS

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 Find us on Facebook NewhamEvents

Look out for the next edition of the Newham Mag, which will focus on the artists performing on Saturday and Sunday night. Programme is subject to change.

Mayor of
Newham



GUITAR MAN WILL HAVE US JAMMING

Showman Junior Marvin is headlining the opening night of Newham Council's FREE musical extravaganza Under the Stars. He will help get the four-day event off to a great start with reggae classics which will bring back memories for all of us.

Junior, who was an original member of Bob Marley and The Wailers, is renowned for his guitar playing skills and never fails to disappoint his audience. He will perform not just his own material but also some of the Wailers classics we all know and love, such as Could You Be Loved, and One Love.

Born in Jamaica, Junior moved to London as a child, where his love of acting and music was nurtured. He served his musical apprenticeship however in America, playing with the likes of Ike and Tina Turner. He quickly built his reputation as an amazing blues/rock guitarist.

In February 1977 he was asked to join both Stevie Wonder and Bob Marley and The Wailers and the rest as they say is history. Junior's unmistakable guitar playing made its unique contribution to the sound of Bob Marley and The Wailers on songs including Jamming and Exodus.

Not one to rest on his laurels Junior has produced no less than four CDs with The Wailers since Marley's death in 1981. In fact he was lead guitarist and vocalist with The Wailers until 2011.

The Under the Stars audience can also expect to hear some of his work from his latest album which is called Unite The Time Is Right (Africa Is Calling You). Junior is hoping his new single, Reggae Rock, will be out by the time of the show.

He will, of course, be keeping the Bob Marley legacy alive with some of

the legend's best known songs. Junior said: "Bob Marley was one of the hardest working artists, musicians, songwriters and singers that I have ever met. He slept on average about five hours a day and was very motivated.

"Today his message of One Love is stronger than ever, especially among young children. They love the words and the melody"

"At times he was quite demanding and always wanted myself and other band members to stay awake with him to work on new songs.

"Marley's song, One Love, was for all people and it was voted song of the 20th

century. Today his message of One Love is stronger than ever, especially among young children. They love the words and the melody."

If you notice a similarity between Junior and the great Jimi Hendrix, it is no coincidence as the former worked closely with Roger Mayer who helped Hendrix develop his unique guitar sound.

Junior is modest about his own guitar skills. He admits: "I try to practise every day and night to improve and I'm still learning a lot from my guitar hero Jimi Hendrix.

"I used to practise eight hours a day but since I now have children I try to get about three hours per day. If you're lucky to find a profession that you love, like music, then you can practise all the time with breaks for food, sleep, exercise, family, loved ones, work and friends."

UNDER THE STARS

Thursday 18 to Sunday 21 August
Gates open 6.30pm daily
Admission FREE

Central Park, High Street South, East Ham, E6
Junior Marvin appears on Thursday 18 August.

See www.newham.gov.uk/UTS

 Follow us on Twitter @NewhamLondon

 Find us on Facebook [NewhamEvents](https://www.facebook.com/NewhamEvents)



They don't get away with it

Tackling fly-tipping, littering and anti-social behaviour is a priority for Newham Council. We work hard to ensure our streets are clean and safe.

We will not hesitate to prosecute where we can, those responsible for dirtying our borough. Our most recent prosecutions went to court last month.

Angelica Ciaciru, manager of Angelica's Market Ltd in High Street North, East Ham, admitted directing staff to leave rubbish on two occasions in nearby Ron Leighton Way. She had no trade waste contract in place at the time and must pay fines and costs totalling £1,260.

Thomas Wilson, from Billericay, fly-tipped a large amount of building waste, including wood with nails protruding from it, glass, concrete and bricks, in Beeby Road, Canning Town. He must pay a fine and costs totalling £1,397.

Marius-Andrei Marginean, from East Finchley, was convicted in his absence of fly-posting stickers on lamp-posts on two occasions in Green Street, Upton Park. He must pay a total of £862.

Fly-tipping is a criminal offence punishable by a fine of up to £50,000 or 12 months imprisonment if convicted by magistrates. The offence can attract an unlimited fine and up to five years imprisonment if convicted in a Crown Court.

The pictures on this page show people we want to question about anti-social behaviour offences. If you recognise anyone please call **020 3373 4479** and quote the reference number beside the image.

To the people pictured here, our message is simple – we will use every power at our disposal to track you down and prosecute, including publishing a photograph of you if we need to establish your identity. Contact us now and maybe you will be able to avoid prosecution.

Ensuring your anonymity

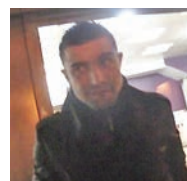
Newham Council is committed to tackling crime and anti-social behaviour in partnership with the police and other agencies. If you provide information regarding identities:

- you will not be required to provide your name
- you will not be required to leave your contact details
- you will not have to make a statement

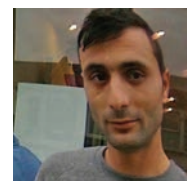
Call 020 3373 4479 and quote the reference number beside the picture.



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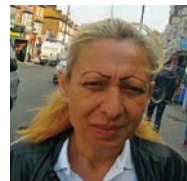
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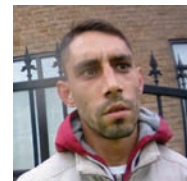
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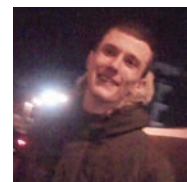
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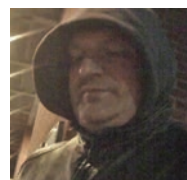
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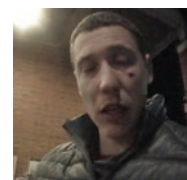
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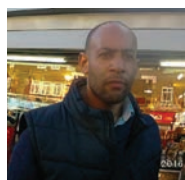
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Ref: 90050908

Don't put up with rubbish. Don't drop it and if you see it report it. To get it cleared up report it online at www.newham.gov.uk/MyNewham or download the Love Newham app by visiting www.newham.gov.uk/lovenewham

CAUGHT ON CAMERA

On the trail of art in Forest Gate

A wealth of talent will be on display during an 18-day feast of art workshops, displays and exhibitions in Forest Gate thanks to local residents supported by Newham Council.

More than 60 local artists are taking part in the second Forest Gate Arts Trail across 22 venues from 21 July to 7 August, including The Gate Library, the Atherton Leisure Centre, Forest Gate Community Garden, schools, places of worship, cafes, restaurants and an estate agents.

Illustrators, painters, life drawers, photographers, ceramic artists, jewellery designers, sculptors, designers, poets, historians, knitters, modellers, musicians and singers are involved. Children from local schools are also displaying work.

Among the exhibitors are Newham Mag photographer Andrew Baker and Elhaam Sahebodin, a trainee on Newham Council's youth employment scheme. Elhaam said: "It is a good showcase for young talent."

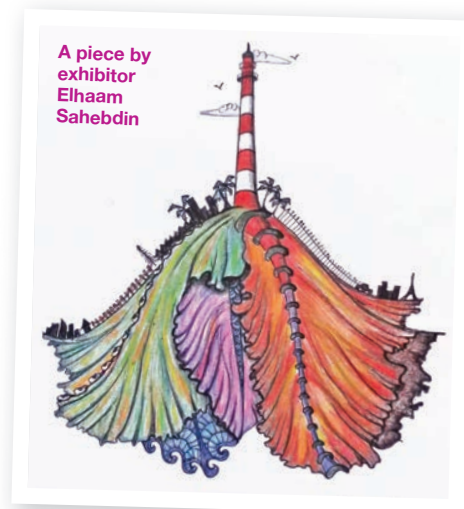
Many of the artists are also holding workshops for people to learn and develop new skills. Some will have question and answer sessions to enable people to learn more about the artists themselves and pick

up tips for their own work.

The arts trail has been organised by volunteers and the Forest Gate Community Neighbourhood Team. Councillor Rachel Tripp, community lead member for Forest Gate, said: "The trail is all about showcasing our fantastic local talent, celebrating our established artists and encouraging those who are just setting out, whatever discipline they work in."

"Residents should come along to an exhibition or a workshop and be inspired"

"We also want to encourage creativity right across Forest Gate and beyond. Residents should come along to an exhibition or a workshop and be inspired either to just enjoy the art on offer, or take up a new hobby, or maybe a new career."



For a full list of venues and times of the displays, workshops and exhibitions on offer, email **hello@forestgateartstrail.co.uk** or call **020 3373 0856**.

facebook.com/forestgateartstrail
@fgartstrail



London Borough of Newham

FOREST GATE
COMMUNITY NEIGHBOURHOOD

London Borough of Newham

Members' allowances – Publication of allowances paid to members and co-opted members in the 2015/2016 financial year

As part of the legislation that sets out the arrangements for the payment of allowances, details of amounts paid to each Member of the Council and each Co-opted Member of a Committee must be published within the local authority's area. This notice sets out the relevant information for the 2015/2016 financial year.

During the 2015/2016 financial year, the Council operated the following allowance scheme:

Basic Allowance per councillor:	£10,842 per annum
Mayor's Allowance:	£81,839 per annum
Deputy Mayor's Allowance:	£4,000 per annum (pro rata)

Special Responsibility Allowances (in addition to the basic allowance) for posts with different levels of responsibility attached to them:

Band	SRA Allowance 5 June 2014 – 31 March 2015 £	SRA Allowance 1 April 15 – 31 March 2016 £
1	6,679	6,747
1A	3,621	3,373
1B	5,176	5,176
2	13,358	13,494
2A	7,762	7,762
2B	10,347	10,120
3	20,037	20,241
3A	14,488	14,488
3B	18,624	18,624
4	26,716	26,988
4A	22,765	22,765
4B	26,901	26,901
4C	31,042	31,042
5	33,395	33,735

Special Responsibility Allowances (in addition to any other allowance) for Members appointed to represent the Council on the following Bodies (this allowance to cease if that Body establishes a scheme of its own):

External body	SRA £
East London Waste Authority	1,035

Annual Allowances for non-elected co-opted/independent members serving on the following:

Committee/Sub-committee/Commission	Annual Allowance £
Overview and Scrutiny Committee	994
Scrutiny Commissions	502
Chair of Standards Advisory Committee	1200
Standards Advisory Committee	800

Childcare/dependants allowance – £7.27 per hour up to 10pm and £9.70 per hour after 10pm irrespective of the number of people cared for.

Travelling Allowances – the reimbursement of actual travel costs incurred whilst undertaking duties outside Newham.

Subsistence Allowances – the reimbursement of actual subsistence costs incurred whilst undertaking duties outside Newham. This allowance is limited to a maximum daily rate of £28.99 for meals and a maximum overnight rate of £116.15 for accommodation.

The Council is required to publish details of the payments made to each Member of the Council and each Co-opted Member of a Committee in respect of the following allowances:

- Basic Allowance
- Special Responsibility Allowance
- Travelling Allowance
- Subsistence Allowance
- Dependants' Carers' Allowance
- Co-optees' Allowance

Details of the amounts paid to each Member in the 2015/2016 financial year are set out in two Schedules. The amounts shown are before the deduction of Tax and National Insurance. Schedule 1 details the payments made to each elected Member under the scheme. Schedule 2 details payments made to Co-opted Members.

Kim Bromley-Derry
Chief Executive
June 2016

SCHEDULE 1 – Current Members of the Council serving from 1 April 2015 to 31 March 2016

Initials	Name	Basic Allowance £	Special Responsibility Allowance £	Travelling Allowance £	Subsistence Allowance £	Dependants' Carers' Allowance £	Telephone Allowance £
R	WALES	0	81,839	0	0	0	0
H	ABDULMUHIT	10,842	9,159	0	0	0	25
O	AKIWOWO	10,842	0	0	0	0	0
A	ALARICE	10,842	0	0	0	0	0
J	ALEXANDER	10,842	0	0	0	0	0
A	BAIKIE	10,842	33,735	0	0	0	0
J	BECKLES	10,842	0	0	0	0	0
F	BOURNE	10,842	0	0	0	0	0
S	BRAYSHAW	10,842	13,494	0	0	0	0
A	CHOWDHURY	10,842	6,747	0	0	0	0
D	CHRISTIE	10,842	13,494	0	0	0	0
F	CLARK	10,842	33,735	0	0	0	100
F	CLARKE	10,842	6,747	0	0	0	0
B	COLLIER	10,842	0	0	0	0	0
I	CORBETT	10,842	34,770	0	0	0	0
J	CORBETT	10,842	0	0	0	0	0
R	CRAWFORD	10,842	34,080	0	0	0	60
U	DESAI	10,842	33,735	0	0	0	0
A	EASTER	10,842	4,824	0	0	0	0
R	FAZ OBE	10,842	0	0	0	0	0
I	FIBERESIMA	5,596	0	0	0	0	0
C	FURNESS	10,842	33,735	0	0	0	60
J	GRAY	10,842	0	0	0	0	0
A	GRIFFITHS	10,842	0	0	0	0	0
Z	GULAMUSSEN	10,842	0	0	0	0	0
P	HOLLAND	10,842	0	0	0	0	0
L	HUDSON	10,842	37,735	0	0	0	0
F	HUSSAIN	10,842	33,735	234	0	0	60
I	IBRAHIM	10,842	9,159	0	0	0	25
O	KHAN	10,842	0	0	0	0	0
J	LAGUDA	10,842	13,494	0	0	0	0
J	MARRIOTT	10,842	2,068	0	0	0	0
S	MASTERS	10,842	3,373	239	0	0	0
A	MCALMONT	10,842	27,988	0	0	0	0

SCHEDULE 1 – Current Members of the Council serving from 1 April 2014 to 31 March 2015

Initials	Name	Basic Allowance £	Special Responsibility Allowance £	Travelling Allowance £	Subsistence Allowance £	Dependants' Carers' Allowance £	Telephone Allowance £
C	MCAULEY	10,842	0	0	0	0	0
C	MCLEAN	9,647	0	0	0	0	0
P	MURPHY	10,842	6,747	0	0	0	0
F	NAZEER	10,842	0	0	0	0	0
F	NEKIWALA	10,842	0	0	0	0	0
A	NOOR	10,842	0	0	0	0	0
V	OAKESHOTT	3,439	0	0	0	0	0
M	PATEL	10,842	6,747	0	0	0	0
S	PATEL	10,842	6,747	0	0	0	0
Mas	PATEL	10,842	9,159	0	0	0	25
T	PAUL	10,842	13,494	0	0	0	0
Q	PEPPIATT	10,842	0	0	0	0	0
R	RAHMAN	10,842	4,698	0	0	0	50
T	RAHMAN	10,842	0	0	0	0	0
E	ROBINSON	10,842	17,194	0	0	0	60
P	SATHIANESAN	10,842	0	0	0	0	0
K	SCORESBY	10,842	13,494	0	0	0	0
L	SHAH	10,842	13,494	0	0	0	60
A	SINGH	10,842	0	0	0	0	0
E	SPARROWHAWK	10,842	0	0	0	0	0
S	THOMAS	10,842	0	0	0	0	0
R	TRIPP	10,842	4,824	0	0	0	0
W	VAUGHAN	10,842	13,494	0	0	0	0
H	VIRDEE	10,842	0	0	0	0	0
M	WALLS	10,842	13,494	0	0	0	0
J	WHITWORTH	10,842	0	0	0	0	0
N	WILSON	10,842	0	0	0	0	0
T	WILSON	10,842	0	1,458	0	0	0

Notes

1. All Members who are provided with a computer at home to support their work as a Councillor and use the computer for personal use are required to make a payment of £60 per year. This contribution is taken from the basic allowance (Column 3) before payment of the basic allowance is made.
2. All Members are required to pay fees (£35 per annum) to the Data Controller in respect of Data Protection Registration. This contribution is taken from the basic allowance (Column 3) before payment of the basic allowance is paid.
3. The SRA (Column 4) paid to Councillor Hudson included an additional payment of £4,000 in recognition of being appointed as Deputy Mayor.
4. The SRA (Column 4) paid to Councillor I Corbett and Councillor Crawford included an additional payment of £1,035 pro rata permitted under the allowance scheme as the Council's representatives on the East London Waste Authority.
5. Following the death of Councillor Fiberesima in October 2015, Councillor V Oakeshott was elected in a by-election in December 2015.
6. Councillor McLean was re-elected in a by-election held on 7th May 2015.

SCHEDULE 2 – Co-opted Members serving from 1 April 2015 to 31 March 2016

Initial	Surname	Basic Pay £
E	Kemp	994
S	Wilson	994
R	Glazzard	1200
A	Hussain	800
T	Robinson	800
J	Van Bussel	800

College stars are shining bright

The achievements of some of the most outstanding students at Newham College of Further Education were celebrated in a glitzy Shining Stars Awards evening at the college's East Ham campus.

Sixteen awards were handed out, including an equality and diversity award sponsored by Newham Council. It was won by Mahbuba Mim Khanom and presented by Councillor Quintin Peppiatt, Cabinet member for children and young people.

Cllr Peppiatt said: "Newham's young people are one of our borough's biggest strengths. We should be very proud of all the award winners."

Hundreds of guests attended, including Olympian Tessa Sanderson who hosted the event, Lord Kamlesh Patel from the England Cricket Board, and former England cricket captain Andrew Strauss who presented special awards to the college's cricket team who won the Association of Colleges national cricket championship. All the awards were sponsored by local businesses and organisations.

The evening raised £50,050 to support the Learning Revolution Trust, the college's chosen charity, which removes financial barriers for people who want to improve their lives through education.

Award Winners

Learning Revolution Trust Student of the Year Award – **Lateef Jimoh**

Work Ready Student of the Year Award – **Tanesha Parnell**

Sports Student of the Year Award – **Alfie Cook**

Class Group of the Year Award – **English for Speakers of Other Languages**

Entry 3 Evening – **Maria Andurnache, Ieva Balseviciute, Gabor Bertok, Alexandra Bodi, Alina Carstea, Rayane Domingues, Simona-Elena Dop, Sergiu Grama, Desislava Ivanov, Desislava Ivanova, Mariana Ivanova, Joana Laura Kruk, Tomasz Lenartowicz, Oleg Lisovyy, Ildefonso, Alina Petkevica, Vasilica-Georgeta Popan, Antonietta Russo, Francis Sekatta, Vitalie Turcan, Amelija Zizaite**

Governors Award – **Lauren Kett**

Love Food Champion Award – **Wilhemina Gunu**

Further Education Student of the Year – **Laura Gromova**

Higher Education Student of the Year – **Crystal Romeo**

Outstanding Progress Award – **Shahina Sultana**

Excellence and Innovation Award – **Christopher Jayawardena**

Outstanding Contribution Award – **Melvin Alves Dada**

Equality and Diversity Award – **Mahbuba Mim Khanom**

College Achievement of the Year – **Betty Twum Weah**

Apprentice of the Year Award – **Elle Bracey**

Staff of the Year Award – **Elliot Campbell**



Cllr Peppiatt with award winner Mahbuba Mim Khanom and Tessa Sanderson



Class group of the year award winners



Individual award winners



Andrew Strauss with members of the Newham College cricket team

HAMMERS ACE MAKES HIS MARK

West Ham United skipper Mark Noble went to Sandringham Primary School in Forest Gate to officially open a new artificial turf sports pitch.

Learning mentor Julian Hilaire and teacher Emma Beasley also hosted a question and answer session with pupils. Mark was asked about his first football boots, his favourite away ground, his pre-match superstitions and what it meant to have freedom of the borough conferred on him by Newham Council.

Mark unveiled a plaque to mark the opening of the new pitch and then watched youngsters showing off their skills. He said he was honoured to be asked to come to the school. He added: "The best thing about being a famous footballer is that you can give children hope and aspiration."

Pupil and Hammers fan James Lynskey said: "I have seen Mark on the pitch but I'm thrilled he actually came to our school."



Mark at the opening

YOUNG BIKERS DO X-TREMELY WELL

Young BMX racers who have honed their skills on East Ham's Gooseley Playing Fields community track did Newham proud in the finals of the London Youth Games, Europe's largest sports festival for young people.

The BMX-treme club team took to the track in Queen Elizabeth Olympic Park to earn the borough sixth place in the London-wide competition, which was up seven places on last year. For many it was their first experience of competitive BMX racing. Riders made finals in junior, youth, and senior sections.

The club is run by the New Choices for Youth (NCY) charity based at the Newmartin Youth Centre in Plaistow.

BMX-treme is open to youngsters aged seven to 17. Safety gear and bikes are provided. Sessions take place on Sundays and cost £3 for non-members and £2 for members. Annual membership is £10 with a free t-shirt. Contact bmxcncytrust.org or call **07961 333615**.



Newham's BMX-treme team

Fashion students are absolutely fabulous

The sewing, pattern-cutting and design expertise of fashion students at the University of East London in Beckton are proving a hit on the big screen.

They were given just five weeks to create 12 avant-garde costumes for a pivotal party scene in *Absolutely Fabulous: The Movie*, featuring Joanna Lumley and Jennifer Saunders.

Senior lecturer Caryl Court said: "The students were thrilled when I explained what we were going to be doing because everyone knows about *Ab Fab*, even students who were probably very young when it was last on television."

The collaboration was thanks to a mutual friend of Caryl and the film's costume designer Rebecca Hale.

The students got to visit the film set and meet the cast. Student Chris Robertson said: "It was incredible to see something we did end up on the big screen with so many people seeing our designs."



PUPILS ENJOY A WHODUNNIT

Budding authors at Plashet School in East Ham got some tips from writer Vaseem Khan whose light-hearted crime novels have topped the fiction charts.

Pupils from Years 7 and 8 discussed the finer points of penning a successful crime novel with Vaseem, author of *The Unexpected Inheritance of Inspector Chopra* and *The Perplexing Theft of the Jewel in the Crown*.

Newham resident Vaseem, a former student at Newham College, spent ten years in India as a management consultant but is now business director at University College London's Department of Security and Crime Science. The inspiration for his *Baby Ganesh Detective Agency* novels about an Indian police inspector and a baby elephant came when he first saw an elephant in Mumbai.

He said: "I am passionate about promoting literacy in Newham. I want to inspire young people to read, write, and to dream of becoming authors."



PERFECT STAGE TO CELEBRATE TALENT

More than 80 people with learning disabilities, together with their families, friends and carers took to the stage of Stratford Circus Arts Centre to celebrate Learning Disabilities Week.

The Looking Forward event included poetry, songs, drama, Bollywood dance and a disco. It was hosted by people with learning disabilities and their carers, in collaboration with Newham Council and NHS Newham Clinical Commissioning Group. There were also performances from the theatre company Act Up! Newham, the Newham People First charity and The Powerhouse Women support group.

Councillor Clive Furness, mayoral adviser for adults and health, said: "The event was a fun way to celebrate the talents of people with learning difficulties and what can be achieved."

For more information about the services available to support people with learning disabilities visit www.newham.gov.uk/LD or call 020 8430 2000 (option 2).



Kids' Corner



PLEASE SEND YOUR DRAWINGS,
JOKES AND POEMS TO:
KIDS' CORNER, WEST WING
4TH FLOOR, NEWHAM DOCKSIDE
1000 DOCKSIDE ROAD, LONDON E16 2QU
OR EMAIL THEM TO
newham.mag@newham.gov.uk

Don't forget to write your name, age, address and daytime contact telephone number on the back of your entry. We cannot return any entries.

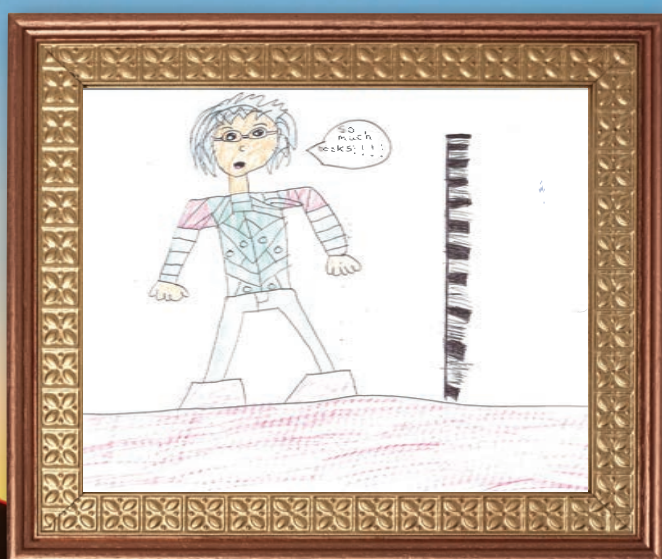
GALLERY



Niladri Kar, 5



Cecelia Arhin, 8



Ahad Zahid, 8



Heavenly Blake, 9

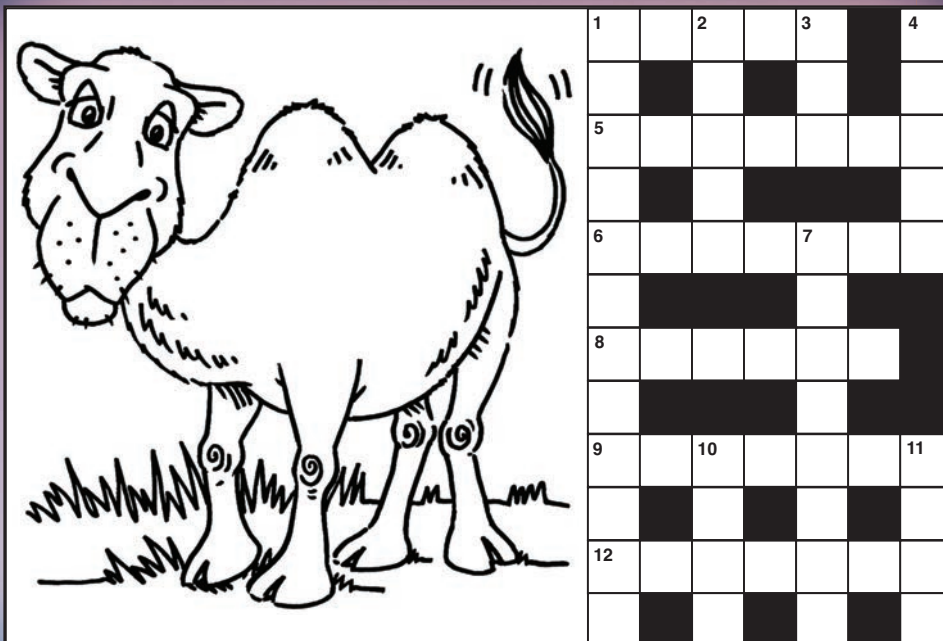
Tickets to Stratford Picturehouse

This issue's winner receives a free family ticket at Stratford Picturehouse, which includes a kid's popcorn and drink.

To be in with a chance of winning this or another great prize send your pictures, jokes and poems to **Kids' Corner, West Wing, Fourth Floor, Newham Dockside, 1000 Dockside Road, London E16 2QU**. Don't forget to write your full name, age, address and daytime contact telephone number on the back of your entry. **Good luck!** Visit www.picturehouses.co.uk to see what's on.



Colour-me-in Crossword



Across

1. Animal which is known as the 'ship of the desert' (5)
5. City in the USA with the most people (3,4)
6. Before this time (7)
8. Vast African desert (6)
9. Place where plays are performed (7)
12. Left out (7)

Down

1. Discussion between two people (12)
2. Machine for cutting the grass (5)
3. Sign of the Zodiac associated with the Lion (3)
4. Person who makes bread (5)
7. Annoy (8)
10. Way out (4)
11. Finishes (4)



Poem

Refuse to run and hide and go.
End the wars
Forever we will survive.
Until the war has gone.
Get to a safe place. Will we be here long?
Enjoy what you have in your life.
Everyone doesn't have the same, so think twice.

Refugee by Akyan Faisal-Cuffie, 6

WHAT'S ON?

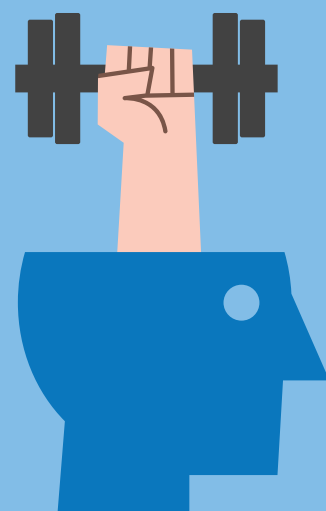
Download our What's On app at www.newham.gov.uk/neighbourhoodevents

OUR THRILLING THREE...

- 1 Buggy Fit** – Free guided walk to the park with your buggy. For parents and carers. Tuesdays, 11.30-12.30pm. Meet at The Gate, Woodgrange Road, E7
- 2 Little Rhymers** – Fun, free, interactive rhyme time session for younger children. Thursday, 10-10.30am, East Ham Library, 328 Barking Road, E6.
- 3 Tea Dance for the over 50s** – Come along for a chance to chat, drink tea, eat cake and make new friends. £1.50 fee to cover cost of refreshments. Wednesday, 20 July, 1-3pm, St Mark's Community Centre, Tollgate Road, E6.

ACTIVE MINDS CAFÉ

Activities, advice and guidance are on offer to help support family, friends and carers of anyone dealing with mental health issues. Thursday, 21 July, 12noon-2pm, Stratford Library, E15.



TRY SOMETHING NEW... MANORFAM

ManorFam project brings local families together, to share their own experiences, to support each other and make friends as well as engage in different craft activities.

Free for all ages. Mondays, 10.30-12.30pm, Manor Park Library, Romford Road, E12.



Indicates free sessions

Libraries unless stated

UNDER-FIVES

Toy Library 
Introducing toddlers to borrowing toys. Thurs, 11-12noon, Beckton


Storytelling 
Mon 11-11.45am, Tues 10.30-11.30am, Beckton; Tues 10.30-11.30am, Thurs 2-3pm, Plaistow; Sat 11.30am-12noon, Green St; Tues, 10.45-11.30am, Canning Town; Tues, 10.30-11.30am; Thurs, 10-10.30am, Tues, 10.30-11.30am, East Ham; Tues 11am-12noon, Fri 11am-12noon, Stratford; Fri, 10.30-11.30am, Manor Park; Mon, 10.30-11.30am, Custom House; Tue, 10.30-11.15am, The Gate


Stay and Play 
Support for parents and carers to develop their child through play.

Tues, 9.30-11.30am, Jeyes C.C; Thurs, 1.30-3.30pm, Jack Cornwell C.C; Weds, 10am-12noon, Sat, 11am-1pm, Stratford


Jiggaree Session 
Fri, 10-11am, Plaistow

Reading Together
Thurs, 2.30-3pm, Custom House 

Rhyme Time 
Mon, 2.45-3.30pm; Tues, 10.30-11.15am, North Woolwich

Bumps and Babies 
Fri, 1.30-3.30pm, The Gate; Mon, 1-3pm, Beckton Globe

Active Tots 
Developing children's fitness through fun active play, games and activities. Thurs, 1-2pm, Stratford

Music and Movement 
Children and parents/carers get active using different types of dance and musical instruments. Mon, 1.30-2.30pm, Stratford

Baby Club

A fun and interactive session for parents and carers of babies under 18 months. **Mon, 9.30-11.30am, Stratford**

Play focus

Fun, interactive session for children. **Thurs, 9.30-11.30am, Stratford**

Reading Together

Thurs, 2.30-3pm, Custom House

Story Time

Free fun activities linked to popular children's stories. **Tues, 10.30-11.30am, East Ham**

Early Talk

Singing with your child to support early communication and brain development. **Tues, 9.30-11.30am, Plaistow**

YOUNG PEOPLE



Games Club (7-16yrs)

Sony PS3, Xbox360, Nintendo Wii, board games and more. **Thurs, 4-6pm, Plaistow; Tues, 3.30-5.30pm, Custom House; Weds, 3.30-5pm, The Gate; Thurs, 4-6pm, Canning Town; 5-7pm, Beckton Globe (5-12yrs); Fri, 4-7.30pm, Green St**

Young Readers Club (7-12yrs)

Read and discuss your favourite books. **Tues, 4-5.15pm, North Woolwich**

East Ham Youth Zone

Sony PS4, DJ decks and other activities. **Tues, 4-7pm, East Ham**

Just Dance!

Sat, 5.30-6.30pm, Green St

Family Movie Club

Free films for all the family. **Fri, 5.30-7pm, Manor Park; Sat, 4-5.30pm, Green St; Sat, 1-3.30pm, Plaistow**

Homework Club

Fri, 4-5pm, Beckton; Fri, 4-6pm, Canning Town; Fri, 4-5pm, East Ham; Sat, 2-3.30pm, Manor Park; Mon, 3.30-4.30pm, North Woolwich; Mon, 3.30-5pm, Plaistow Library; Mon, 4-6pm, Sat, 1-3pm, Stratford; Sat, 10.30-12.30pm, The Gate

Children's Movie Club (5+)

Thurs, 4-7pm, North Woolwich

Tues, Sat, 4.30-6.30pm, Manor Park; Thurs, 4-6pm, The Gate

Board Games Club

Tues, 4-5pm, Sun, 1.30-2.30pm, Stratford; Wed, 6-7.30pm, Manor Park; Sat, 11am-12noon, North Woolwich; Fri, 5.30pm-6.30pm, Beckton

Young People's Positive Activities (9-19yrs)

Weds, Fri, 7-9pm, Harold Road Centre; Weds, Thurs, 5.30-8.30pm, Katherine Rd C.C.

Family Film Night

Sat, 5.30-7.30pm, East Ham

Crafty Challenges

Fri, 5.30-6.15pm. All ages welcome, East Ham

1st Stratford Brownies

(7-10 yrs) Girls only children's group. **Weds, 6-7.30pm, Play Sow and Grow, 6 Gay Rd, Stratford, E15 2RN, £20 per term (10 weeks). Email guidinginstratford@outlook.com**

East Ham Performing Arts

Fri, 6.30-7.30pm. All ages welcome, East Ham

Family Fun Night

Family fun with arts and crafts to games and quizzes. **Weds, 5.30-7.30pm, East Ham**

East Ham IT Youth Zone

Free support in using IT for homework, coursework. **Mon, 4-7pm, East Ham**

Children's Chess Club

Free club for 8 to 16 year old. **Thurs, 5-6pm, Custom House**

ACTIVITIES AND SUPPORT



Afternoon tea

Weds, 4-5.30pm, Canning Town

Chess Club

Tues, 3.45-5.15pm, Beckton; Mon, 5.30-7.30pm, and Thurs, 5.30-7.30pm, East Ham; Weds, 5.30-7.30pm, Green St; Thurs, 5.30-7.30pm, Stratford; Tues, 5.30-7.30pm, The Gate; Thurs, 5-7pm, Custom House; Weds, 3.30-5pm, Plaistow

Coffee Mornings

Tues, 11.30-1pm, Beckton; Mon 11-12.30pm, North Woolwich; Thurs, 10.45-12noon, Canning Town; Tues, 11-12.30pm, Custom House; Weds, 27 July, 10.30-12noon, Green St; Weds, 20 July, 10-12noon, East Ham; Tues, 19 July, 10.30-12noon, Plaistow

Do It Online (18yrs+)

Six-week or eight-week basic computer training. Advance booking required, contact library directly. **Tues, 10am-12noon, East Ham; Weds, 2-4pm, Stratford; Tues, Thurs, 11am-1pm, Green St; Tues, 10am-12noon, Katherine Rd C.C.; Tues, 2-3.30pm, North Woolwich; Weds, 2-3.30pm, Beckton Globe; Thurs, 1.45-2.45pm, Custom House; Weds, 10am-12noon, Plaistow**

Knit & Natter (16yrs+)

Weds, 10am-12noon, Beckton; Fri, 10.45-12noon, Canning Town; Fri, 10am-12noon, East Ham; Tues, 10.30am-12.30pm, Manor Park; Fri, 10am-12pm, Plaistow

ICT Surgery IT advice for all ages. **Fri, 2-4pm, Canning Town**

ICT Drop-in Session

Set up a My Newham profile and create an email account. **Fri, 11am-1pm, The Gate; Fri 10.30am-12.30pm, Green St; Weds, 10.30-12noon, Stratford**

Deafroots Deaf Club

Including quizzes, prizes, refreshments. **Mon, 1.30-3.30pm, Stratford. New members £2, existing members £1. Email angel@deafroots.org.uk or text on 07985 242 778.**

Life in the UK Classes

12-week course. Contact 020 8542 3904. **Weds, 10am-12noon, East Ham; Weds 12.30-2.30pm, Fri 10am-12noon, Plaistow; Fri, 12.30-2.30pm, Green St; Tues, 12noon-2pm, Stratford**

ESOL for Beginners

Tues, Fri, 1-3pm, Plaistow; Tues, Fri, 9.30am-12.30pm, Jack Cornwell C.C.; Weds, Thurs, 9.30am-2pm, Katherine Rd C.C. Call 020 8548 9825 to

enrol. Mon and Weds, 9.30am-3pm, Beckton C.C.

ESOL for Absolute

Beginners **Weds, 9.30am-2pm, Katherine Rd C.C.**

Ballroom Dancing

(18yrs+) **Tues, 2-3pm, Beckton C.C.; Thurs, 2.30-4pm, Field C.C.**

Citizens Advice Sessions

Advice sessions on money management, energy saving and debt. Appointment only. **Mon, 11am-1pm, Manor Park**

Introduction to Newham

Online Course More than 500 free courses. **Sat, 11am-12.30pm, Manor Park**

Basic Computer Skills

Fri, 10.30am-12.30pm, Manor Park

My Newham Workshop

Register with My Newham and access council services. **Tues, 6-7.30pm, Manor Park**

Stratford London

Toastmasters Public speaking & leadership club. **1st and 3rd Monday of each month, 6-8pm, Stratford**

Embroidery Group

Thurs, 10.30am-12.30pm, Manor Park

Docklands Drop-In Group

Weds, 1-3pm, Beckton C.C.

Chai and Chat Women

Group (18+) For women who use mental health service only. **Weds, 10.30-12.30pm, Plaistow**

BPCA Day Care Centre

For people with multiple disabilities. **Mon-Fri, 9am-4pm, Beckton C.C.**

Get Connected

Bring your own device. **Weds, 1-2pm, Green St**

English Conversation Club

Mon, 6-7.30pm, Manor Park; Weds, 10.30-11.30am, Manor Park; Thurs, 3-4pm, Rabbits Rd Institute; Mon, 11-12noon, East Ham; Weds, 10.30-11.30am, Beckton Globe; Sat, 10-12noon, Stratford; Mon, 10-11am, Plaistow

Model Train Workshop

Mon, 12.30-3.30pm, North Woolwich

Martial Arts (7-12yrs)

£2. Tues, 6.45-7.45pm; Thurs, 4.45-5.45pm, Beckton Globe

Basic English for

Beginners Mon, Weds and Thurs, 10.30-11.30am, Green St

Acupressure (16+)

Relieve physical and medical problems with pressure points. £5 per session. Sat, 1-3pm, Plaistow Library

Family Support Drop in

(Term Time). Speak to our Family Support Team about any issues affecting your family life. Fri, 1-2.30pm, Stratford

National Careers Service

Advice on careers and qualifications. To book call 07415241941. 1st and 3rd Thurs of the month, Stratford

Knitting Course (16+)

Registration required through Newham Adult learning 020 8257 4680. Course fee applies. Mon, 12noon-2pm, Stratford

Dressmaking Course (16+) Beginners

Registration required through Newham Adult learning 020 8257 4680. Course fee applies. Mon, 10am-12noon, Stratford

Poetry Group (16+)

Fun and practical art class (poetry focus). For more info email sonesquin@hotmail.com Weds, 11am-1pm, Stratford

Creative Writing Course (16+)

Register with Newham Adult learning 020 8257 4680. Course fee applies. Sun, 2-4pm, Stratford

ESOL Entry 2 (16+)

ESOL language classes for adults seeking to improve their English language. Register with Newham Adult Learning Service ESOL Team 020 3373 0755. Tues, Fri, 9.30am-12noon, Stratford

Embroidery Course

(Beginners 16+) Register with Newham Adult learning 020 8257 4680. Course fee applies. Tues, 1-3pm, Stratford

Creative Writing

Thurs, 28 July, 5.45-7.30pm, The Gate

Workplace Drop-Ins

For Newham residents seeking employment to discuss job vacancies, training etc. Weds, 27 July, 5.30-7.30pm, East Ham. For more info email: rehana.b@newham.gov.uk

Grants Surgery

Drop in for guidance and to find out more about applying for "Lets Get the Party Started" and "Go For It" grants. Thurs, 14 July, 4-6pm, Manor Park; Mon, 4 July, 3.30-5pm, Green St; Tues, 11-12noon, The Gate

The Gate Reading Group

Contact the library for this month's book. Mon, 25 July, 6-7.30pm, The Gate

Creative Writing

Thurs, 28 July, 5.45-7.30pm, The Gate; Thurs, 21 July, 6.30-8pm, Beckton Globe

Grant Support drop in

Session for residents to gain information and advice on how to apply for grants and funding to hold community events & activities. Booking required, for 18+. Thurs, 21 July, 5.30-6.30pm, Plaistow

Stitch and Mend

Learn to use sewing machine while working on your project or join with apron making. Tues, 10-12noon, Play, Sow and Grow at 6 Gay Road, Stratford, E15

Kenya in the Park

Sat, 30 July, 11am-8pm Plaistow Park, Greengate St, E13

COMMUNITY ACTIVITIES

Mums2be Meetup

Information and support for expectant parents. 3rd Sat of every month, 10-11am. Email newham@nct.org.uk

Mums, Bumps and Babies

Fri in various cafes around Newham. Visit www.netmums.com or email jojostevie@live.com

Junior Volunteer Police

Cadets (10-12 yrs, term time) Weds, 3.30-5pm, Little Ilford School, Browning Rd, E12, £1.

Senior Volunteer Police

Cadets (13-17 yrs) Weds, 6.30-9pm, Little Ilford School, Browning Rd, E12, £2.50. Thurs, 6.30-9pm, Eastlea Community School, Exning Rd, E16, £2.50. Call 07500 881 378

Newham Super Choir

Tues, 10.30-12noon, Beckton C.C, £3.50, 1st session free

BOXING AND SELF DEFENCE

Boxing (Newham College)

Mon, 5-6pm, East Ham College, High St South, E6

Fight For Peace Boxing

Mon to Fri, 4-5pm 10-14yrs; Mon to Fri, 5-9pm, 14+yrs Woodman St, North Woolwich, E16. Call 020 7474 0054

Boxing and Self Defence

(16+) Tues, 5-6pm, Jack Cornwell C.C

Street Self Defence

12 week course. Weds, 6.45-8pm, Altmere Infants School, Altmere Ave, E6 2BX. Call 07484 326 853 for more details

HEALTH AND FITNESS

Salsa Dancing (18yrs+)

Mon, 3.15-4.45pm, Beckton C.C; Tues, 11.45am-12.45pm, Field C.C

Nordic Walking

Weds, 9.15-10.30am. Meet at Field C.C. Not suitable for wheelchairs.

Tai Chi Class

Fri, 10-11am, Beckton C.C. Fri, 11am-12noon, The Gate. Fri, 5-6pm, Beckton Globe

Yoga

Cost £7.50 for 10 weeks, for 50+. Mon, 10-11.30am, Beckton

C.C. TT; Mon, 6-7.30pm, Green St, £1. Thurs, 6-7.45pm, Plaistow; Thurs, 6.15-7.45pm, The Gate; Sat, 10am-12noon, Plaistow; Thurs, 6.30-7.30am, Grassroots; Mon, 6-7pm, Beckton Globe; Weds, 6-7pm, East Ham, £1

Tone-Tastic

18+ Mon, 2-3pm, Weds, 9.30-10.30am, Field C.C.

Aerobics

Tues, 9.30-10.30am, Jack Cornwell C.C £2

Keep Fit to Salsa (18+)

Tues, 11.45am-12.45pm, Field C.C; Mon, 3.15-4.45pm, Beckton C.C. Sat, 2.30-5pm, The Gate

Zumba

Tues, 10.30-11.30am, Field C.C; Mon, 9.30-10.30am, £3; Fri, 9.30-10.30am, £2, Jack Cornwell C.C; registration essential, contact bodyshapefitness@gmail.com, Tues, 5-6pm, mixed; Thurs, 10-15-11.15am, women only, £2.50, Stratford; Fri, 12.30-1.30pm, for over 50s, The Hub; Thurs, 4.30-5.30pm, Plaistow

Bollywood Exercise Class

(14+) Sat, 11am-12noon, Katherine Rd C.C.

Slimming World

Mon, 5.30-9pm, Beckton C.C. £5

Hatha Yoga Fri, 10.45am-12.15pm, Jack Cornwell C.C. Over 18s, £3

Walking Group

Fun walk, warm up games and cool down with light refreshment. All ages. Meet at the library. Sat, 10am-11am, Plaistow

Park Life Walks

Free guided walks to local parks. All ages and abilities, families welcome. Mon, 10.30, Green St; Weds, 11.30-12.30pm, The Gate

50+ ACTIVITIES

Bingo (50+yrs)

Mon, 1-2pm, Beckton C.C; Mon, 12-4pm, Jeyes C.C; Thurs, 7-9pm, Jack Cornwell C.C

ICCAN

Faith based group with cultural activities. **Fri, 12-2pm, Jeyes C.C**

Active Centre 50+ Group

Weds, 12noon-4pm, Field C.C; **Mon, Weds, Fri, 1.30-4pm, Beckton C. C.**

Dominos Group

Fri, 6-10pm, Field C.C

Chair Based Yoga

Tues, 12.30-1.30pm, Manor Park

Forever Young

Enjoy community activities and make new friends. **Weds, 11am-1pm, Beckton;** **Weds, 10.30am-12.30pm, Field C.C.**

Happy Living Club

Indoor and outdoor activities. **Tues, Weds 1.30-5.30pm, Jeyes C.C**

Holiday Spanish Club

Weds, 12.30-1.30pm, Manor Park

Walking Football

Tues, Sat, 10-11am, Flanders Field, E6 2SG. Email mark.blythe@bonnydowns.org or call 020 8586 7070.

Steel Pan Music Therapy

For people with learning and physical disabilities, dementia and stroke. **Fri, 11.30am-1.30pm, Beckton C.C**

Get Active, Get Healthy, and Exercises for Fitness

Thurs, 11-12noon, Jack Cornwell C.C.

Line Dancing

Weds, 12.15-1.15pm, £2.50, Well Community Centre, East Ham

Get Active, Get Healthy

- Walk to the Park Mon, 10.30-11.30am, Manor Park Library

Backercise

Tues, 6-7pm, The Gate

Drop-in Embroidery Class

Mon, 11am-1pm, East Ham

Get Active Get Healthy, Zumba/Salsa

For men and women aged 50+. **Thurs, 10-11am, until 29 Sep, Barking Rd Community Centre.**

Health and Well Being

Tips for healthy diet & cooking. **Thurs, 9 June-4 Aug, 3-4.30pm,**

3.30-4.30pm, Jeyes C.C

Get Active Get Healthy, Line Dancing and Folk

Dance Suitable for all levels, open to men and women. **Thurs, 11am-12noon, Barking Rd C.C until 29 Sept**

Taste of Fitness

Taster sessions in a range of fun exercise styles. Suitable for all levels, men and women. **Thurs, 6-7.30pm, East Ham**

Community Food Growing Project

Come and grow food together in our new community growing space. Meet at the library **Weds, 10am-12noon, East Ham**

Community Cooking Project

Six-week course. Learn to cook tasty and nutritious dishes. Advance booking is required. Contact site for more information. **Weds, 11-4.5am-1.15pm, East Ham, £6 for the course**

Tea and Games Weds, 1-3pm, Jack Cornwell C.C.

Over 50s tea dance

Weds, 2.30-4pm, until 31 Aug, The Hub C.C

GREEN

Green Gym **Weds, 10am-1pm, and last Sat of month, meet at Visitor Centre in East Ham Nature Reserve, Norman Rd, E6. Call 07845 973 156**

Green Volunteering **Tues and Thurs, 10am-2pm Silvertown Wy, E16 (opp. Hallsville Rd)**

Garden Club

Tues, 1-3pm, Thurs, 4-7pm, Sat, 10am-4pm, Abbey Gdns, Bakers Row, E15

Gardening Thymes

Gardening Club **Fri, 11am-1pm, Bowling Green, Central Park, High St South, E6**

Grow Together Be Together Community Gardening Club

Weds, 10am-1pm. Sat, 1pm-3pm, Flanders Field, Melbourne Rd entrance, E6. Call 020 8586 7070

Caravanserai Garden

Volunteering **Thurs and Sat, 11am-3pm, Silvertown Wy, E16. For information call 07773 863 384**

Community Gardening

Tues, 11.30am-2.30pm, St John's Green Community Garden

DOORSTEP CLUBS

Call 0300 124 0123. unless otherwise stated.

Athletics Club (14yrs+)

A multi-sport session focusing on athletics, football and the gym. **Tues, 6-7pm, Newham Leisure Centre, E13. Call 07718 394 756**

Gym & Basketball (14yrs+)

Tues, 6-10pm, £2, Rokeby School, Barking Rd, E16

FEMALE SPORTS

Basketball Sessions

Tues, 4-5pm, Chobham Academy, 40 Cheering Ln, E20

Female Boxfit (14yrs+)

Mon, 4.15-5.15pm, Balaam Leisure Centre, E13. Call 07970 783 526

Girls Football (11-16yrs)

Tues, 4-5.30pm, Thurs, 5-6pm, Newham Leisure Centre. Fri, 5-7pm. Term time only. Memorial Park, E15

Girls Group Cycling (11-15 yrs)

Tues and Thurs, 5-5.30pm, Newham Leisure Centre, E13

Just Play (14yrs+)

Weds, 6.30-8pm, multi-sports (term time). Cumberland School, E13. Call 0300 124 0123

Modern Amis Martial Arts (16yrs+)

Tues, 5-6pm, Jack Cornwell C.C. Ring 07473 030 250

Female Only Gym Sessions

Mon, 3-4pm, 16-25yrs. Mon and Weds, 7.30-10.30pm. Tues and Thurs, 12noon-1.30pm. Sun, 3-5pm, 11-15yrs, Newham Leisure Centre, E13. £4.65

Get Back into Netball

Tues, 6-7.30pm, juniors; 7.30-9pm, seniors. £2. Lister Community

School, E13. Call 07717 281 529

Abs Blast (11-15yrs)

Thurs, 5.30-6.30pm, £3.10, Newham Leisure Centre, E13

Fun Female Fitness (14yrs+)

Weds, 5-6pm, Newham College, East Ham Campus, E6 6ER. Email: sports@newham.ac.uk

Netball (14yrs+)

Mon, 5-6pm, Newham College, East Ham Campus, E6 6ER. £1 for non-Newham College students. Email: sports@newham.ac.uk

SPORTS AND PHYSICAL ACTIVITIES FOR DISABLED PEOPLE

Ability Club (14-25yrs)

Multi sports for disabled young people. **Weds, 5.30-6.30pm and Fri, 4.45-6pm, NewVic, E13**

Athletics (8-18yrs)

Tues, 4.15-6.15pm, Brampton Manor, Roman Rd, E6. Thurs, 4.30-5.55pm, St Angela's Ursuline School, E7. Email cnourrice@englandathletics.org

Swim for Families Dealing with Autism

Weds, 4-5pm, Balaam Leisure Centre, E13. Call 0300 124 0123

Family Swims

Sat, 4.30-5.30pm, Newham Otters Swimming Club, Newham Leisure Centre, E13. Call 0300 124 0123. Sun, 12.30-2pm, Family Swim, Balaam Leisure Centre, E13. £5. Call 0300 124 0123.

RUNNING

Beckton Park Run

Sat, 9am, Beckton Park South, E16. Call 07718 394 756 www.parkrun.org/beckton

Run England

£2 unless stated. **Sun, 10am-12noon, Newham Leisure Centre, E13 (meet on track). Mon, 4-5.30pm, Newham Leisure Centre, E13 (meet on track). Mon, 5.45-6.45pm, Newham Dockside, E16 (meet at reception). Weds, 12noon-1pm, Newham Dockside,**

E16 (meet at reception). Thurs, 5.15-6.15pm, UEL Docklands Campus, E16 (meet at reception). Sat, 10-11.30am, Wanstead Flats, E12 (meet at Harrow Rd Changing Pavilion). Sat, 10-11.30am, Memorial Park, E15, £4 (meet at car park). Call 07718 394 874.

SPORTS



Cricket (14yrs+)

Tues, 6-8pm, Newham Sixth Form College, E13. Call 07476 269 226

Lister Table Tennis Satellite Club (11-25yrs)

Weds, 6.30-8pm, Newham Sixth Form College, E13. £1. For information call 07888 830 179

Indoor Cricket (8-16yrs)

Weds, 6-8pm, £2, Lister Community School, E13, email michelle.daniel@activeNewham.org.uk

Black Arrows Badminton Club

Adults: Fri, 7-9pm, Juniors: Sat, 10am-12noon, £3.70, East Ham LC. Adults: Weds, 7-10pm, UEL SportsDock. Call 07932 037 173

Newham and Essex Beagles Athletics Club

Mon and Weds, 6-9pm. Foundation groups (8-10yrs). Mon, 7-8pm and Weds, 6-7pm, £5. Terence McMillan Stadium, Newham Leisure Centre, E13. www.newhamandessexbeagles.co.uk

BMX (6-16yrs)

Sun, 10am-12noon, £3. Gooseley Playing Fields, St Albans Ave, E6. Call 07961 333 615

Adult Tennis (16+) Sat:



9-10am, 10-11am, 11-12pm, Central Park (tennis courts), High St South, East Ham, E6 6ET. Sun: 9-10am, 10-11am, 11-12pm, Stratford Park (tennis courts), West Ham Ln, Stratford, E15 4PT Contact: michelle.daniel@activenewham.org.uk 07741 293 513

Table Tennis (14yrs)

Thurs, 4.40-6pm, Newham College, East Ham Campus, E6 6ER. Email: sports@newham.ac.uk

Volleyball with Newham College (14yrs+)



Thurs, 5.30-7pm, East Ham Leisure Centre
Email: sports@newham.ac.uk

FOOTBALL



AIR Football (16yrs+)



Tues, 1-3pm, Fri, 10am-12noon, Memorial Park, Memorial Ave, E15. Fri, 3-5pm, Beckton Powerleague, E6. Visit www.airfootball.co.uk

Football and Athletics

Thurs, 4-5.30pm, Britannia Village, 65 Evelyn Rd, E16

Football & Multi Sports

Mon, 4-5.30pm, Newham Leisure Centre, E13.
Weds, 5-6pm, Stratford MUGA, West Ham Ln, E15

Mayor's Football League

U10yrs, U12yrs, Mon, 4.30-6pm, U16yrs, U18yrs, 6-7pm Newham Leisure Centre, E13

Premier League (16yrs+)



6-a-side (4 subs) Weds, 7-10pm, Newham Leisure Centre, E13

WHU Kicks



Mon, Tues, Fri, 4-7pm, WHUCST, Beckton 3G, 60A Albatross Cl, E6. Thurs, 6.30-7.30pm, Little Ilford Learning Zone, 1 Rectory Rd, E12. Thurs, 6.30-7.30pm, Stratford Park MUGA, West Ham Ln, E15. Sat 10.30am-12noon, Newham Leisure Centre, E13

Ascension Football

Sat, 10-11.30am, £3. Reception to 11yrs. King George V Park, King George Ave, E16. Call 07806 584 925

BASKETBALL



Basketball & Multi Sports

Fri, 5-6.30pm, 8-19yrs, Snowhill MUGA, Snowhill Rd, E12

Basketball Sessions



Thurs, 5.30-6.30pm, Little Ilford Learning Zone, 1 Rectory Rd, E12

National League

Mon, 6-8pm, U13/14yrs, Tues, 6-8pm, U15/16yrs, Rokeby School, E16.
Thurs, 4.30-6pm, U13/14yrs boys, U14yrs girls; 6-8pm, U16yrs, Newham Leisure Centre, E13, 6-8pm, U18yrs, Cumberland School, E13

NCFE Sports - Basketball

Thurs, 5-7pm, East Ham Leisure Centre. To register email sports@newham.ac.uk or call 020 8257 4255

Senior Programme



Mon, 7.30-9.30pm, Division 2 women and division 3/4 men. Rokeby School, E16. Call 07947 401 616

Basketball (14yrs+)

Tues, 5.30-6.30pm, Forest Gate Community School, E7 9BB. Email: sports@newham.ac.uk

COMMITTEE MEETINGS

All meetings take place at Newham Town Hall, Barking Road, E6, unless otherwise stated.

Tues, 19 July, 7pm, Strategic Development, Old Town Hall, Stratford

Thurs, 21 July, 5pm, Cabinet 5.05pm, Mayoral Proceedings

Mon, 25 July, 7pm, Local Development

Tues, 26 July, 7pm, Overview and Scrutiny

Weds, 27 July, 7pm, Audit Board

CONTACT THE MAYOR

Here to Help sessions

Please register for surgery 30 minutes before it starts.

Tues, 19 July, 5pm, The Gate, E7

Sat, 23 July, 10am, East Ham CSC, E6

Telephone Surgery

Weds, 27 July. Please call 020 8430 2000 between 10-11am.

CONTACT DETAILS

LIBRARIES & COMMUNITY NEIGHBOURHOODS

Beckton Globe 1 Kingsford Wy, E6

Canning Town Barking Rd, E16

Custom House

Prince Regent Ln, E16

East Ham 328 Barking Rd, E6

Green Street 337-341 Green St, E13

The Gate 6-8 Woodgrange Rd, E7

Manor Park 685-691 Romford Rd, E12

North Woolwich

5 Pier Parade, E16

Plaistow North St, E13

Stratford 3 The Grove, E15

Archives and Local Studies

020 3373 6881

Community Outreach

020 337 30813

Church of God 37 Manor Park Road, E12, 020 8911 9494

The International Quarter Marketing Suite

Celebration Avenue, E20 1DB

LEISURE & SPORTS VENUES

Atherton Leisure Centre

189 Romford Rd, E15

Balaam Leisure Centre

14 Balaam St, E13

East Ham Leisure Centre

324 Barking Rd, E6

Newham Leisure Centre

281 Prince Regent Ln, E13

NewVic Prince Regent Ln, E13

UEL SportsDock Docklands

Campus, University Wy, E16

COMMUNITY CENTRES (C.C)

Beckton Community Centre

14 Manor Wy, E6, 020 7511 1214

East Ham Market Hall Myrtle Rd,

E6 1HY, 01708 740 092

Field Community Centre

147 Station Rd, E7 020 8536 2800

Grassroots Centre Memorial Park,

Memorial Ave, E15, 020 3373 0650

The Hub 123 Star Ln, E16

020 3373 0750

Jack Cornwell Community

Centre Jack Cornwell St, E12

020 8553 3459

Jeyes Community Centre

1 James Cl, E13, 020 3373 2205

Katherine Rd Community Centre

254 Katherine Rd, E7, 020 8548 9825

St Mark's Community Centre 218

Tollgate Rd, E6, 020 7474 1687

Vicarage Ln Community Centre

Govier Cl, E15, 020 8519 0235

Harold Rd Centre 170 Harold Road,

E13 OSE, 020 8472 2805

Queens Market Green St, E13

Rabbits Rd Institute

835 Romford Rd, London E12 5JY

Royal Docks Learning Activity

Centre Albert Rd, North Woolwich,

E16 2JB

St John's Green Community

Garden Albert Rd, North Woolwich

E16 2JB

KEEPING NEWHAM MOVING



For more information and to have your say, visit www.newham.gov.uk/moving

Newham is growing and we want to make sure residents can travel within their borough safely and easily. So the council is improving streets by:

- Investing £100 million in roads and lighting over the next 10 years
- Tougher enforcement of yellow box junctions
- New residential parking zones, designed with your help
- Free 20 minute parking across the borough
- More car clubs to help you get around

UNDER THE STARS

FOUR NIGHTS OF **FREE** LIVE OUTDOOR MUSIC

THURSDAY 18 AUGUST

**JUNIOR MARVIN'S
★ WAILERS ★**

**THE LEE THOMPSON
SKA ORCHESTRA**

CARROLL THOMPSON

FRIDAY 19 AUGUST

JAZ DHAMI

IMRAN KHAN

ZACK KNIGHT

HEMINA SHAH

HOSTED BY TOMMY SANDHU & DJ SACHY

SATURDAY 20 AUGUST

Björn Again

ALEXANDER O'NEAL

HEATWAVE

SUNDAY 21 AUGUST

**ROYAL
PHILHARMONIC
ORCHESTRA**

**FIREWORKS
GRAND FINALE**

Central Park, East Ham, E6 | Gates Open 6.30pm daily

Visit www.newham.gov.uk/uts

🐦 @NewhamLondon #NewhamUTS 📘 newhamevents

No parking on site, please use public transport. You may be searched as a condition of entry.
No glass bottles or dogs allowed on site. Programme subject to change.

**Mayor of
Newham**